

Medication for Opioid Use Disorder

What is MAT/MOUD?

- Combines medications with counseling and recovery supports
- Medications used:
- Methadone – Effective for long-term users
- Buprenorphine – Lower overdose risk
- Naltrexone – Blocks opioid reward; high overdose risk if opioids are resumed



Why Use MAT?

- Reduces cravings, withdrawal, and relapse
- Requires recovery support— medication alone is not sufficient
- Must consider interactions (e.g., HIV, Hepatitis, pregnancy)



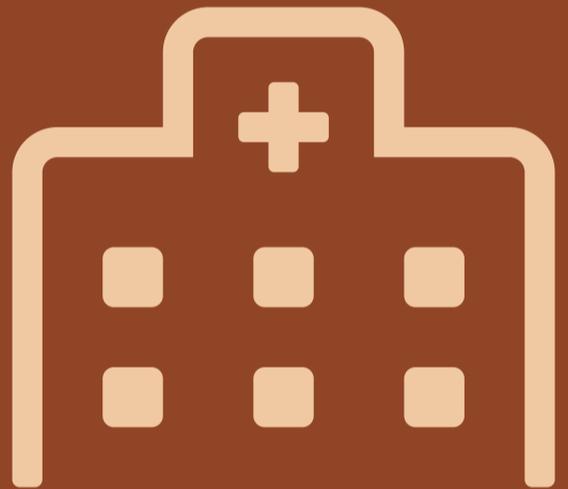
California Law – SB184

Licensed SUD facilities must:

- Provide MAT directly or
- Have a referral process

Non-compliance can lead to:

- Civil penalties
- License suspension or revocation
- Must comply within 90 days



Policy & Procedure

- Logging & administration
- Transportation for services
- Assessment tools: COWS, CIWA-Ar, BSCS, ASAM, DAST-10
- Respect for client preference
- Case management & follow-up



Assessment Tools

- Helps personalize treatment and track recovery progress
- COWS – Clinical Opiate Withdrawal Scale
- CIWA-Ar – Alcohol Withdrawal Assessment
- BSCS – Brief Substance Craving Scale (all clients)
- ASAM – American Society of Addiction Medicine Criteria (all clients)
- DAST-10 – Drug Abuse Screening Test (for outpatient clients)